TOORX

FITNESS IN MOTION

INSTRUCTION

BRX65

Cod : GRLDTOORXBRX65

Rev :00

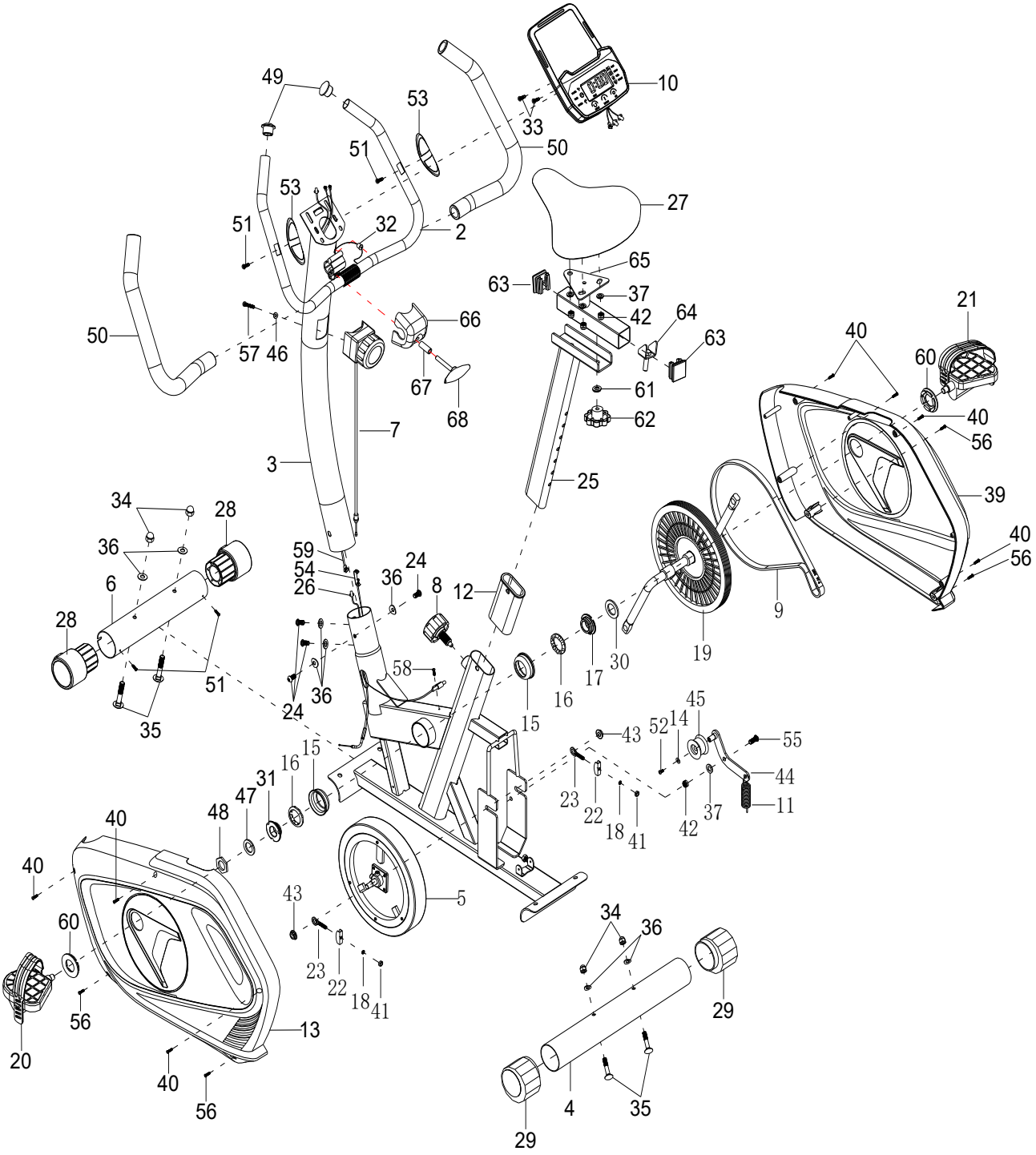
Ed : 11/24

CE

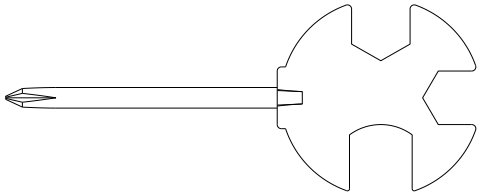
PARTS LIST

No.	Description	Qty	No.	Description	Qty
1	Main Frame	1	34	Cap Nut M8	4
2	Handlebar	1	35	Bolt M8x65	4
3	Handlebar Post	1	36	Arc Washer ø8xø20x1.5	8
4	Rear Stabilizer ø60x1.5	1	37	Flat Washer ø8xø16x1.5	4
5	Magnetic Wheel	1	38	Crank 6”	1
6	Front Stabilizer ø60x1.5	1	39	Right Chain Cover	1
7	Tension Control Knob	1	40	Cross Pan Head Tapping Screw ST4.2x25	8
8	Seat Height Adjustment Knob M16	1	41	Hexagon Bolt M6	2
9	Belt 380/J6	1	42	Nylon Nut M8	4
10	Computer	1	43	Flange Nut M10x1.0	2
11	Spring ø15x55x δ 3.0	1	44	Pressure Plate	1
12	Seat Post Plastic Bushing	1	45	Pressure Roller ø43xø34x24	1
13	Left Chain Cover	1	46	Arc Washer ø5	1
14	Flat Washer ø6xø16x1.0	1	47	Stop Washer ø35x2.0	1
15	Bearing Cup ø55.6x16	2	48	Nut (7/8)"	1
16	Bearing Bush ø44.5	2	49	End Cap for Handlebar	2
17	Puller Bushing (15/16)"	1	50	Handlebar Foam Grip ø24xø34x510	2
18	Spring Washer ϕ6	2	51	Cross Pan Head Tapping Screw ST4.2x20	4
19	Belt Pulley	1	52	Cross Pan Head Screw M6x10	1
20	Left Foot Pedal (1/2”)	1	53	Hand Pulse Sensor Wire	2
21	Right Foot Pedal (1/2”)	1	54	Tension Cable	1
22	U-shape Bracket	2	55	Hexagon Bolt M8x20	1
23	Eyebolt M6x36	2	56	Cross Pan Head Self-drilling Screw	4
24	Hexagon Bolt M8x15	4	57	Cross Pan Head Bolt M5x45	1
25	Seat Post	1	58	Cross Pan Head Tapping Screw ST4.2x16	1
26	Sensor Wire L=450mm	1	59	Extension Sensor Wire L=900mm	1
27	Seat Cushion	1	60	Crank Cover	2
28	End Cap for Front Stabilizer	2	61	Flat Washer ø10xø25x2.0	1
29	End Cap for Rear Stabilizer	2	62	Knob M10	1
30	Flat Washer ø40x2.8	1	63	Square End Cap 38x38	2
31	Puller Bushing (7/8)"	1	64	Adjusting Pin	2
32	Plug ø12	1	65	Seat Slider	1
33	Cross Pan Head Screw M5x10	2	66	Decorative Cover	1
			67	Spacer Sleeve Φ12*Φ8*L30	1
			68	T-Shape Knob M8*55	1

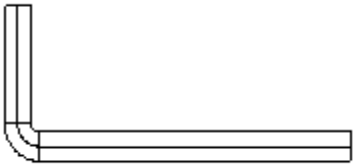
OVERVIEW DRAWING



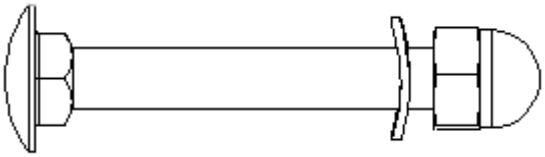
TOOLS



Spanner with Phillips Screwdriver S13-S14-S15 1PC



Allen Wrench S6 1PC



(35) Bolt M8×65 4PCS
(36) Arc Washer ø8xø20x1.5 4PCS
(34) Cap Nut M8 4PCS

ASSEMBLY INSTRUCTIONS

1. Front and Rear Stabilizers Installation

Attach the Front Stabilizer (6) onto the front curve of the Main Frame (1) with two M8x65 Bolts (35), two Φ8xΦ20x1.5 Arc Washers (36) and two M8 Cap Nuts (34). Tighten cap nuts with the Spanner with Phillips Screwdriver provided.

Attach the Rear Stabilizer (4) onto the front curve of the Main Frame (1) with two M8x65 Bolts (35), two Φ8xΦ20x1.5 Arc Washers (36) and two M8 Cap Nuts (34). Tighten cap nuts with the Spanner with Phillips Screwdriver provided.

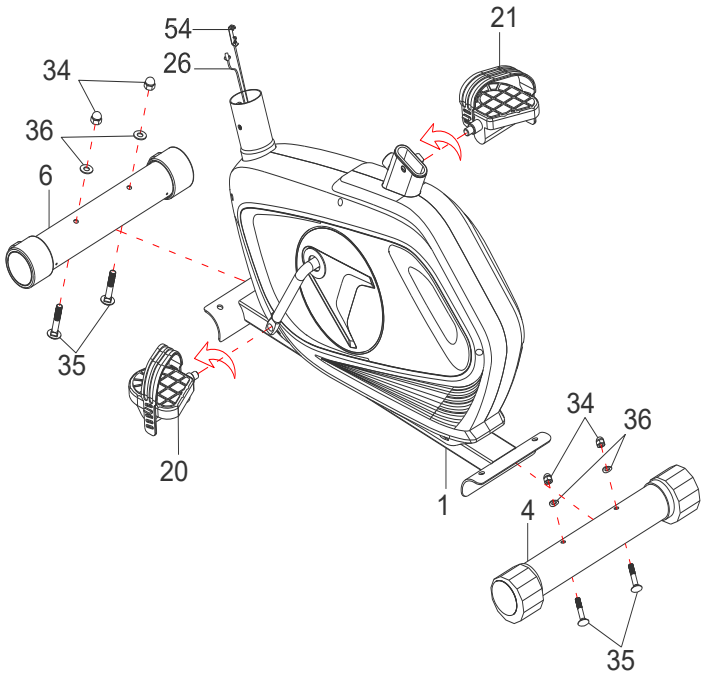
2. Left and Right Foot Pedals Installation

The Cranks, Pedal Shafts, and Foot Pedals are marked “R” for Right and “L” for Left.

Insert pedal shaft of Left Foot Pedal (20) into threaded hole in the left crank. Turn the pedal shaft by hand in **counter-clockwise** direction until snug.

Note: DO NOT turn the pedal shaft in the clockwise direction, doing so will strip the threads. Tighten the pedal shaft of Left Foot Pedal (20) with the Spanner with Phillips Screwdriver provided.

Insert pedal shaft of Right Foot Pedal (21) into threaded hole in right crank. Turn the pedal shaft by hand in **clockwise** direction until snug. Tighten the pedal shaft of Right Foot Pedal (21) with the Spanner with Phillips Screwdriver provided.



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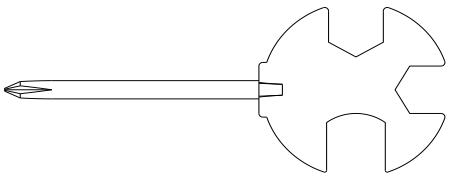


Spanner with Phillips Screwdriver S13-S14-S15

3. Meter Post Installation

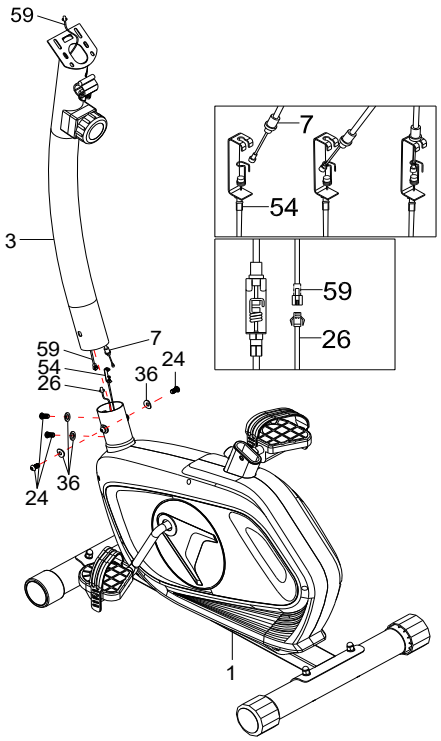
Remove four M8x15 Hexagon Bolts (24) and four ø8xø20x1.5 Arc Washers(36) from the tube of Main Frame (1). Remove bolts with S6 Allen Wrench provided.

Connect the Sensor Wire (26) from the Main Frame (1) to the Extension Sensor Wire (59) from the Handlebar Post (3).

Put the Cable end of resistance cable of Tension Control Knob (7) into the cable lock of Tension Cable (54). Pull the resistance cable of Tension Control Knob (7) up and force it into the slot of metal bracket of Tension Cable (54). Insert the metal fitting on the resistance cable of Tension Control Knob (7) into the hole at the end of slot in the metal bracket of Tension Cable (54).

Connect the resistance cable of Tension Control Knob (7) to Tension Cable (54) complete.

Insert the Handlebar Post (3) onto the tube of Main Frame (1) and secure with four M8x15 Hexagon Bolts (24) and four ø8xø20x1.5 Arc Washers (36) that were removed. Tighten bolts with S6 Allen Wrench provided.



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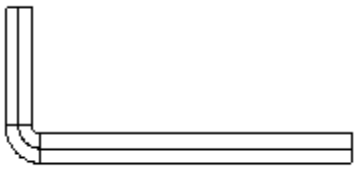


Allen Wrench S6

4.Handlebar Installation

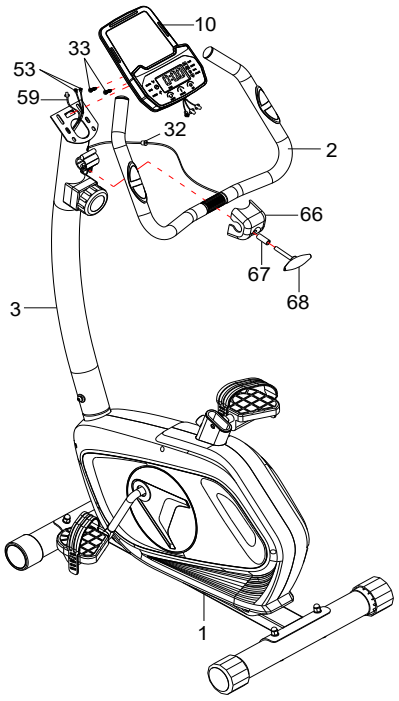
Insert the Hand Pulse Sensor with Wires (53) into the hole of the Handlebar Post (3) and then pull them out from the top of the Handlebar Post (3).

Insert the T-Shape Knob into the Spacer sleeve(67) and Cover (66) to Attach the Handlebar (2) onto the Handlebar Post (3). You can adjust the handlebar(2) to a comfortable position then tighten the knob(68)

5. Computer Installation

Remove two M5x10 Cross Pan Head Screws (7) from the Computer (10).

Connect the Extension Sensor Wire (59) and Hand Pulse Sensor Wires (53) with the wires that comes from the Computer (10).Tuck wires into the hole of Handlebar Post (3), then attach the Computer (10) onto the top end of Handlebar Post (3) with two M5x10 Cross Pan Head Screws (33) that were removed.Tighten screws with the Spanner with Phillips Screwdriver provided. (7)



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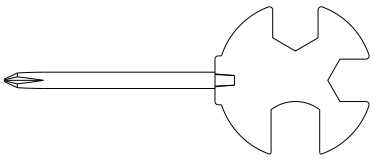
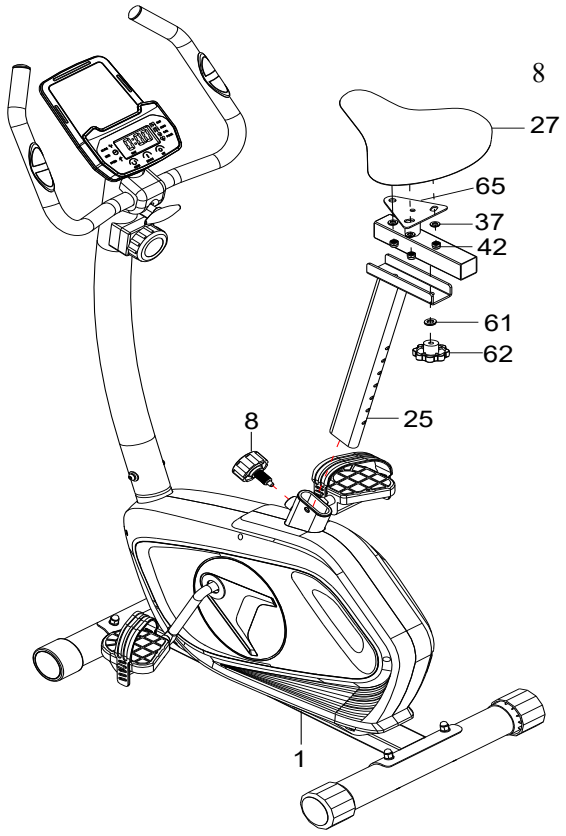


Spanner with Phillips Screwdriver S13-S14-S15

6. Seat Cushion,Seat Post Installation

Remove 3PCS M6 Hexagon Bolt (42) and 3PCS ø8xø16x1.5 Flat Washer (37) from the seat cushion(27). Then attach the seat cushion(27) onto the Seat Slider (65) and locked by 3PCS M6 Hexagon Bolt (42) and 3PCS ø8xø16x1.5 Flat Washer (37). Attach the Seat Slider (65) onto Seat Post (25) by 1PC M10 Knob (62) and 1PC ø10xø25x2.0 Flat Washer (61). Finally,attach the Seat Post (25) into Main Frame(1) by 1pc M16 Seat Height Adjustment Knob (8).

NOTE: When adjusting the height of seat post, make sure the seat post plastic bushing does not exceed the mark line on the seat post.



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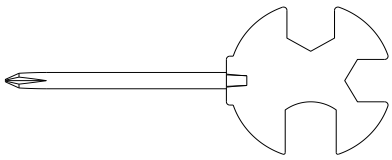

Spanner with Phillips Screwdriver S13-S14-S15

COMPUTER MANUAL

FUNCTIONAL BUTTONS:

MODE-Push down for selecting functions.If the long time holds down MODE button will turn completely 0.

SET-To set the values of time、distance pulse and calories when not in scan mode.

RESET-Push down for resetting time、distance and calories.the current data change is 0 . If the long time holds down RESET, besides the ODO position, the material will turn completely 0.

FUNCTION AND OPERATIONS:

1. SCAN: Press“MODE”button until“SCAN”appears,monitor will rotate through all the 6 functions:Time、speed、distance、calorie 、ODO、and pulse 、Each display will be hold 6 seconds.
2. TIME: Count the total time from exercise start to end.
3. SPEED: Display current speed.
4. DIST:Count the distance from exercise start to end.
5. CALORIES: Count the total calories from exercise start to end.
6. ODO:The total distance which this function is refers to from battery capacity period runs.
7. PULSE RATE:

   Press MODE button until“PULSE”appears.Before measuring your pulse rate, please place your palms of

   your hands on Both of your contact pads and the monitor will show your current heart beat rate in beats per minte(BPM) on the LCD after 6～7 seconds.

   Remark: During the process of pulse measurement, because of the contact jamming, the measurement value may be higher than the virtual pulse rate during the first 2～3 seconds, then will return to normal level. The measurement value can not be regarded as the basis of medical treatment.
8. **AUTO ON/OFF ＆ AUTO START/STOP**

   Without any signal for 4 minutes,the power will turn off automatically.As long as the wheel is in motion or press any button,the monitor is in action.

SPECIFICATIONS:

FUNCTION	Auto Scan	Every 5 seconds
	Running Time	00:00-99:59
	Current speed	0.0～999.9 (ML)KM
	Trip Distance	0.00～9999 (ML)KM
	Calories	0.0～9999 Kcal
	Total distance(ODO)	0.0～9999 (ML)KM
	Pulse Rate	40～240BPM
Battery type		2 pcs of size - AAA or UM - 4
Operating temperature		0℃～＋40℃
Storage temperature		-10℃～+60℃

Garlando

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