

TOORX
FITNESS IN MOTION

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SRXSPEED
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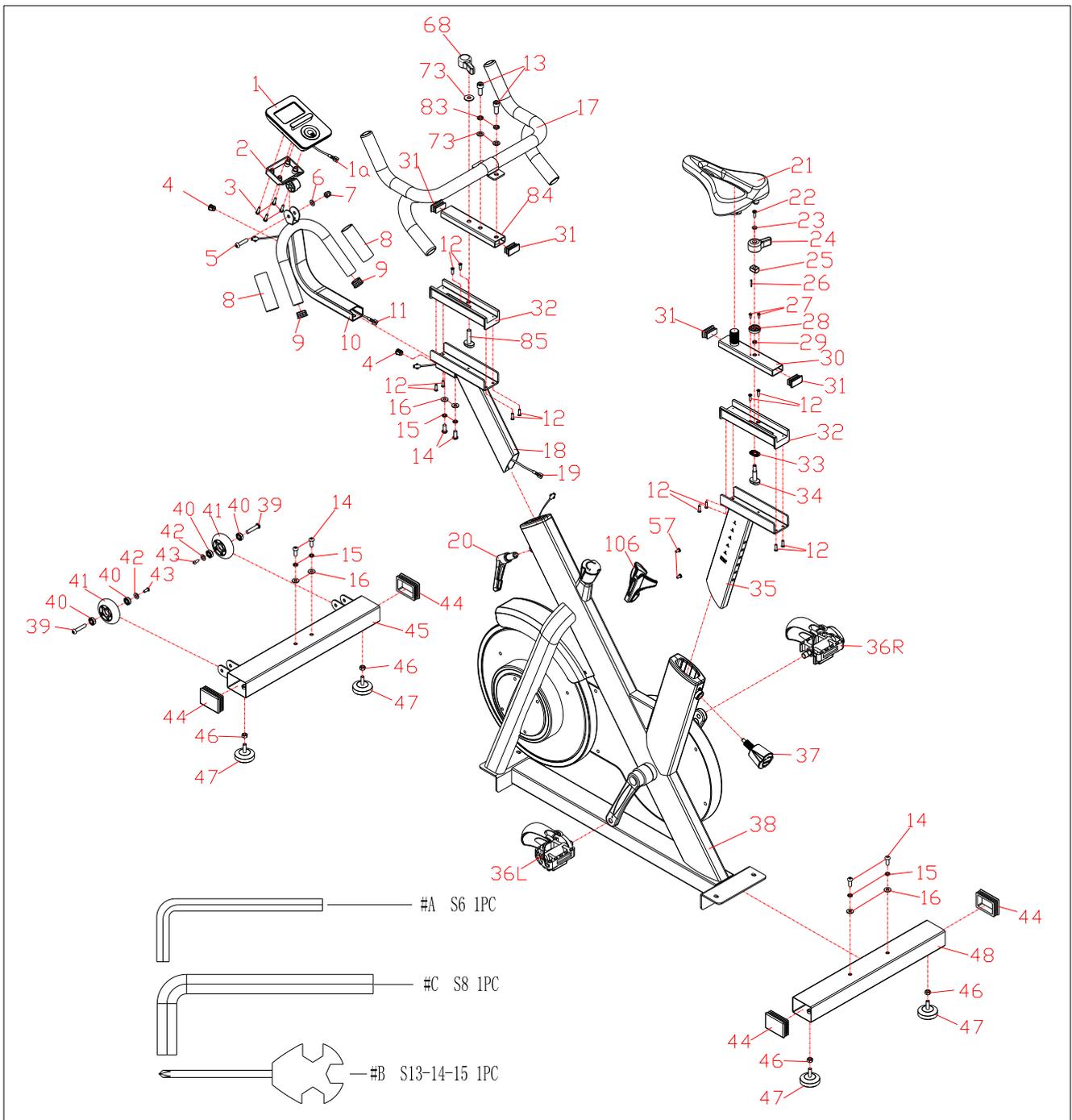
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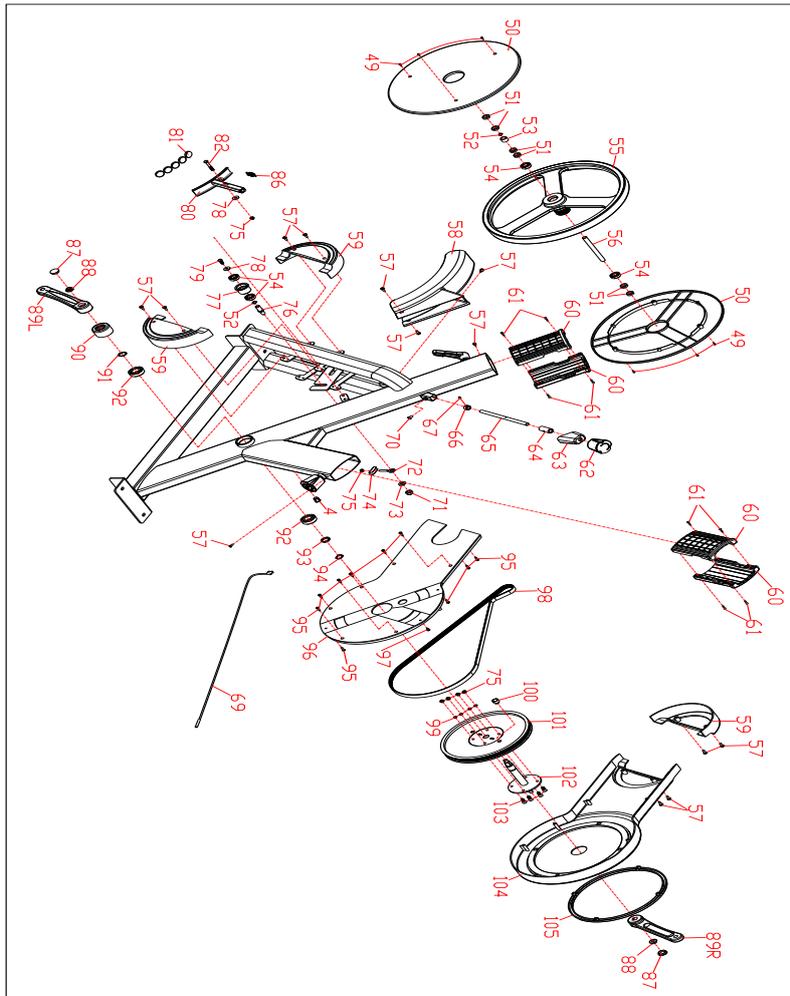
Rev : 00

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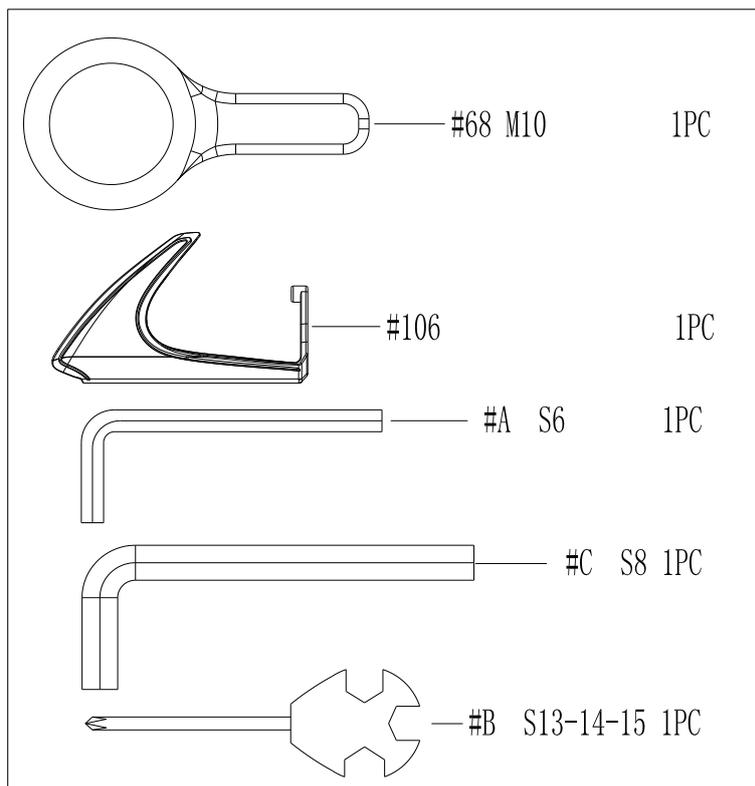


EXPLODED DIAGRAM





HARDWARE PACKAGE



PARTS LIST

No.	Description	Qty.
1	Computer	1
2	Computer Holder	1
3	Bolt M5*20	4
4	Grommet Φ 12.5	2
5	Bolt M8*35*S6	1
6	Washer d8* ϕ 16*1.5	1
7	Cap Nut M8*H16*S13	1
8	Foam Grip ϕ 27*3*120	2
9	End cap ϕ 28*17	2
10	Computer Post	1
11	Trunk Wire 1	1
12	Bolt M5*18* ϕ 8	12
13	Bolt M10*25*S8	2
14	Bolt M8*20*S6	6
15	Spring Washer d8	6
16	Washer d8* ϕ 20*2	6
17	Handlebar Join	1
18	Handlebar Tube Join	1
19	Trunk Wire 2	1
20	L type Handle M16*1.5	1
21	Saddle	1
22	Bolt M5*16* Φ 10	1
23	Washer d5* ϕ 14*2	1
24	Handlebar Of Horizontal Saddle Tube	1
25	Locking Core	1
26	Limiter Pin ϕ 3*20	1
27	Bolt M4*12	2
28	Limiter	1
29	Rubber ϕ 11* ϕ 8*3	1
30	Horizontal Saddle Tube	1
31	End Cap J40*20*17	4
32	Lower sliding plate	2

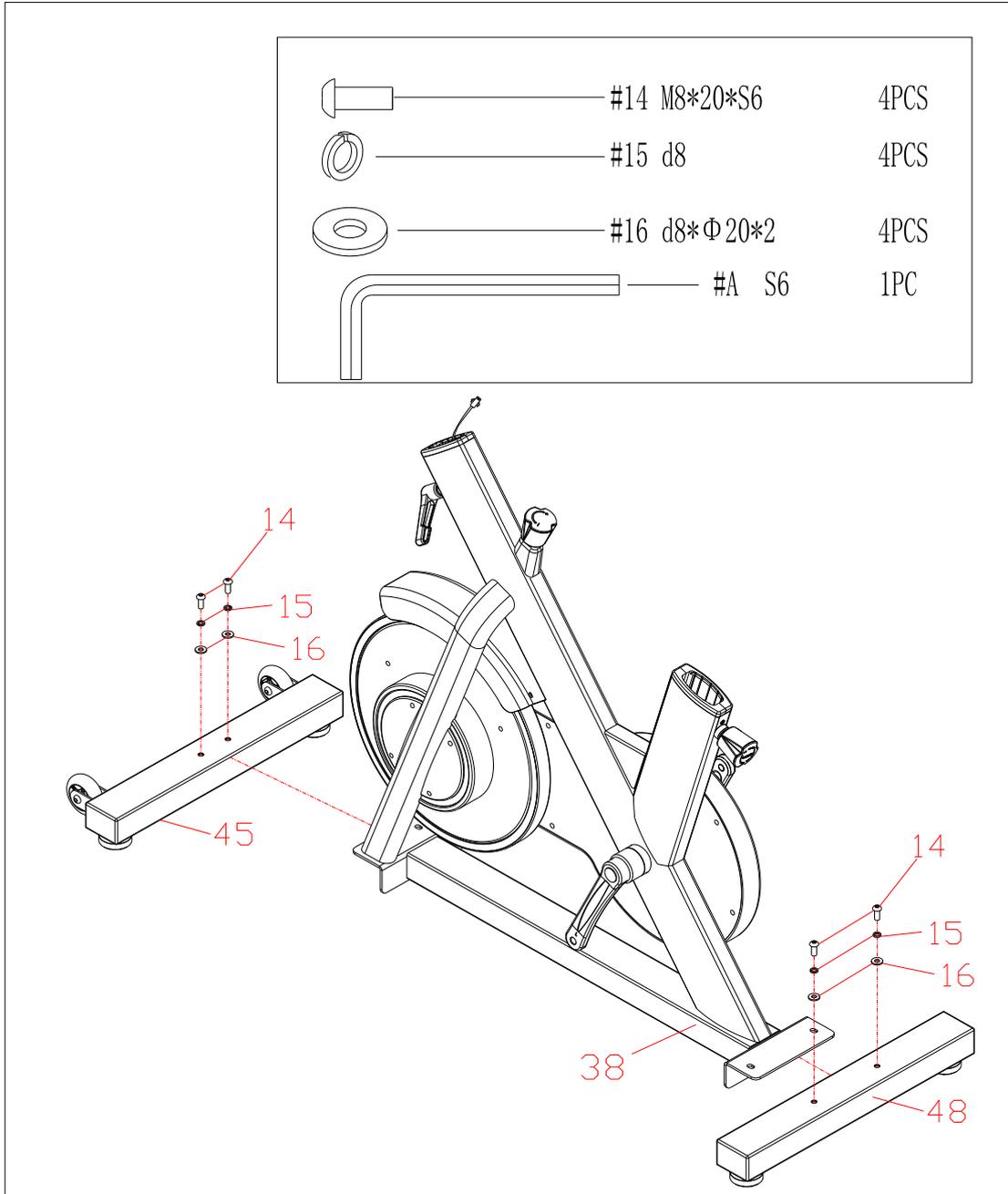
No.	Description	Qty.
33	Rubber Paste 2×29×19	1
34	Fixed Plate of Horizontal saddle tube	1
35	Saddle Tube	1
36L/R	Pedal	1
37	Knob M16	1
38	Main Frame	1
39	Bolt Φ 7.8*30*M6*15*S5	2
40	Bearing 608ZZ	4
41	Roller Φ 71* Φ 19*24	2
42	Washer d6* Φ 12*1.5	2
43	Bolt M6*12*S5	2
44	End Cap J50*70	4
45	Front Stabilizer	1
46	Nut M8	4
47	Adjustable Footpad	4
48	Rear Stabilizer	1
49	Screw ST3*12* ϕ 6	6
50	Cover For Flywheel	2
51	Nut M12*1	6
52	Wave Washer d12* Φ 15.5*0.3	2
53	Spacer Φ 18* Φ 12.1*12.5	1
54	Bearing 6001Z	4
55	Flywheel	1
56	Flywheel shaft	1
57	Bolt M5*10* Φ 9.5	15
58	Front cover	1
59	Cover	3
60	Bushing	4
61	Bolt ST3*16* ϕ 5.6	8
62	Stationary knob	1
63	Brake Rod Cover	1
64	Bushing	1

No.	Description	Qty.
65	Bolt	1
66	Limiter bushing	1
67	Bolt M5*5*S2.5	1
68	Knob	1
69	Sensor	1
70	Bolt M6*10*S10	1
71	Nylon nut M10*H9.5*S17	1
72	Bolt M6*52*Φ 10*2.5	1
73	Washer d10*Φ 20*2	4
74	U seat 30*10*1.5	1
75	Nylon nut M6*H6*S10	6
76	Idler Shaft	1
77	Idler Pulley	1
78	Washer d6*Φ 16*1.5	2
79	Bolt M6*10*S10	1
80	Magnetic Board Join	1
81	Magnet	5
82	Bolt M6*30*S10	1
83	Spring washer d10	2
84	Horizontal handlebar tube	1
85	Fixed Plate of Horizontal handlebar tube	1
86	Spring	1
87	Crank Cover Φ25*7	2

No.	Description	Qty.
88	Nut M10	2
89L/R	Crank	1
90	Cover	1
91	Washer d20	1
92	Bearing 6004-RZ	2
93	Bushing Φ 25*Φ 21*4	1
94	Wave washer d20*Φ 26*0.3	1
95	Bolt ST4.2*16*Φ 8	10
96	Inner Cover	1
97	Bolt ST4.2*8	1
98	Belt	1
99	Spring Washer d6	4
100	Magnet	1
101	Belt Plate	1
102	Centre Shaft Join	1
103	Bolt M6*16	4
104	Outer Cover	1
105	Ring	1
106	Bottle holder	1
A	Wrench S6	1
B	Spanner S13-14-15	1
C	Wrench S8	1

ASSEMBLY INSTRUCTIONS

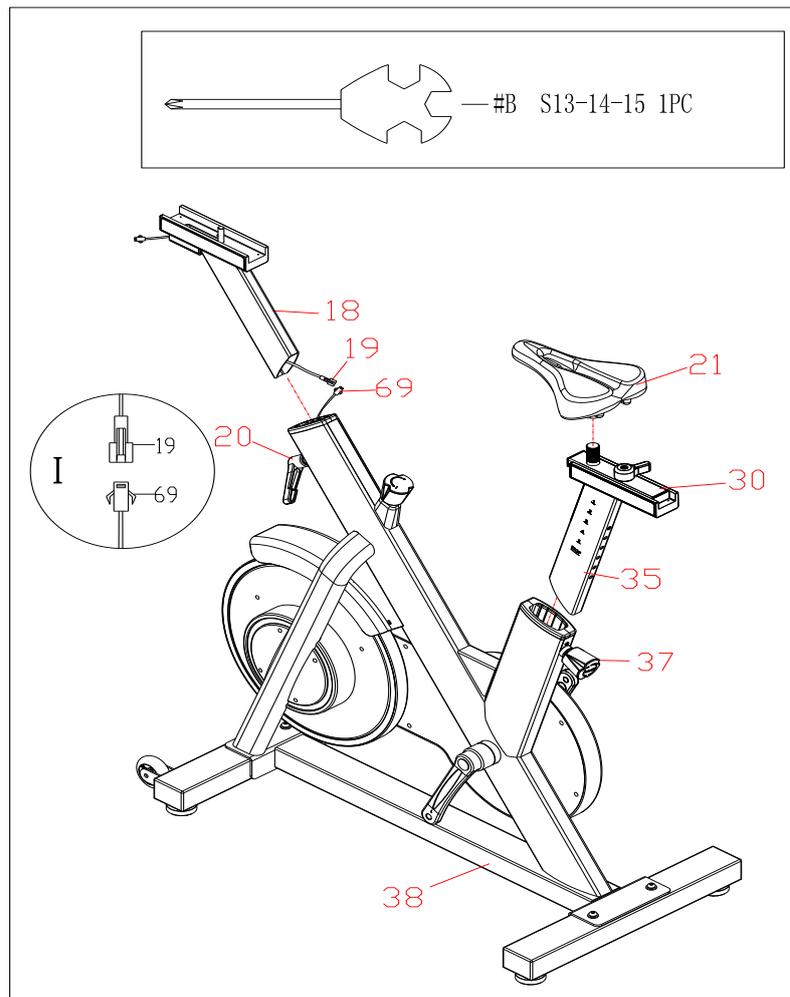
STEP 1:



A. Take out the bolts(14), spring washers(15) and washers(16) from front stabilizer (45) and rear stabilizer (48) by wrench (A).

B. Attach front stabilizer (45) and rear stabilizer (48) to main frame(38) with the bolts(14), spring washers(15) and washers(16) by wrench(A).

STEP 2:



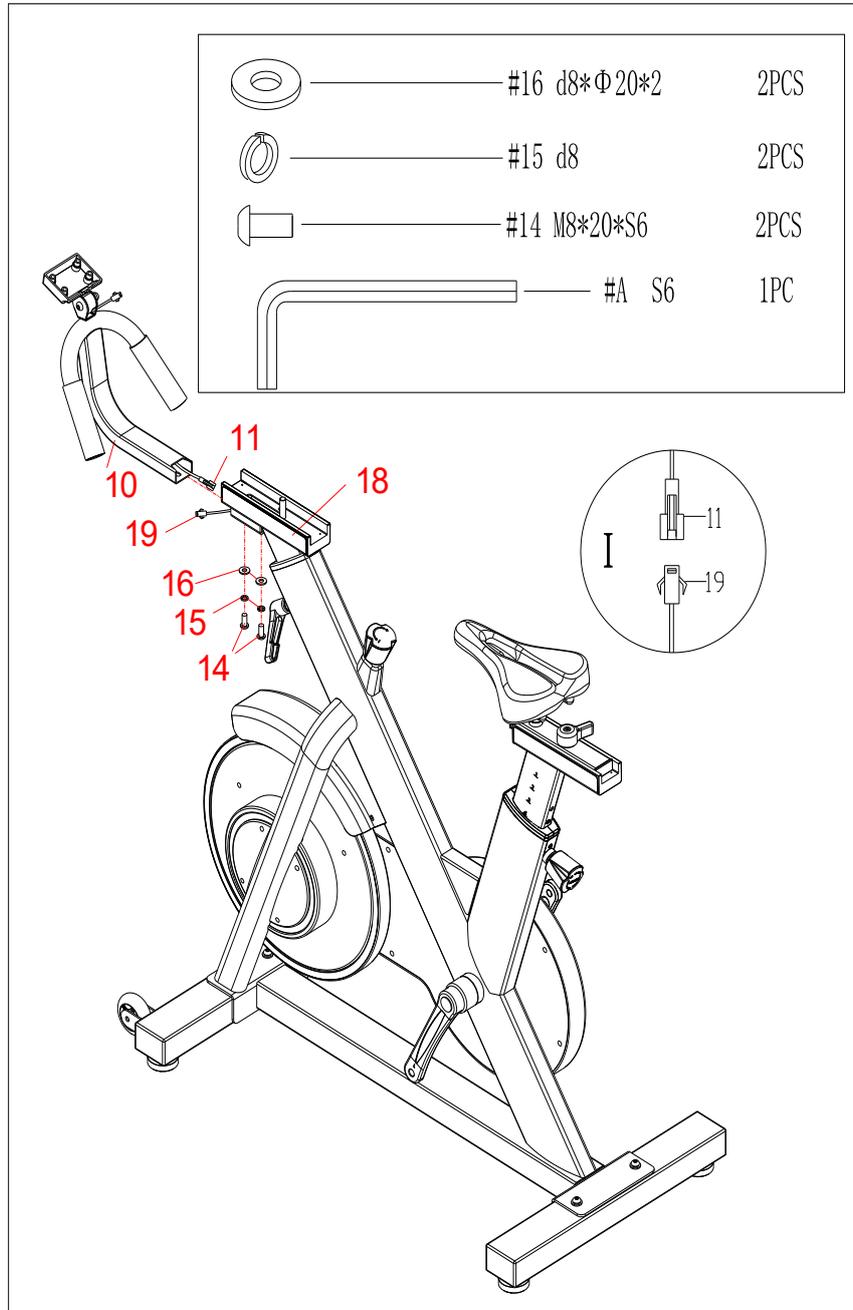
A. Pull out knob(37) from main frame(38), not take it all out. Insert saddle tube(35) into main frame(38), adjust to suitable position and match with the hole of knob(37), then secure saddle tube(35) into main frame(38) using knob (37).

B. Attach the saddle(21) into horizontal saddle tube(30), then secure them by spanner(B).

C. Connect trunk wire 2(19) and sensor(69) well.

D. Pull out L type handle(20) from main frame(38), not take it all out. Insert handlebar tube join(18) into main frame(38), adjust to suitable position and match with the hole of L type handle(20), then secure handlebar tube join(18) into main frame(38) using L type handle(20).

STEP 3:

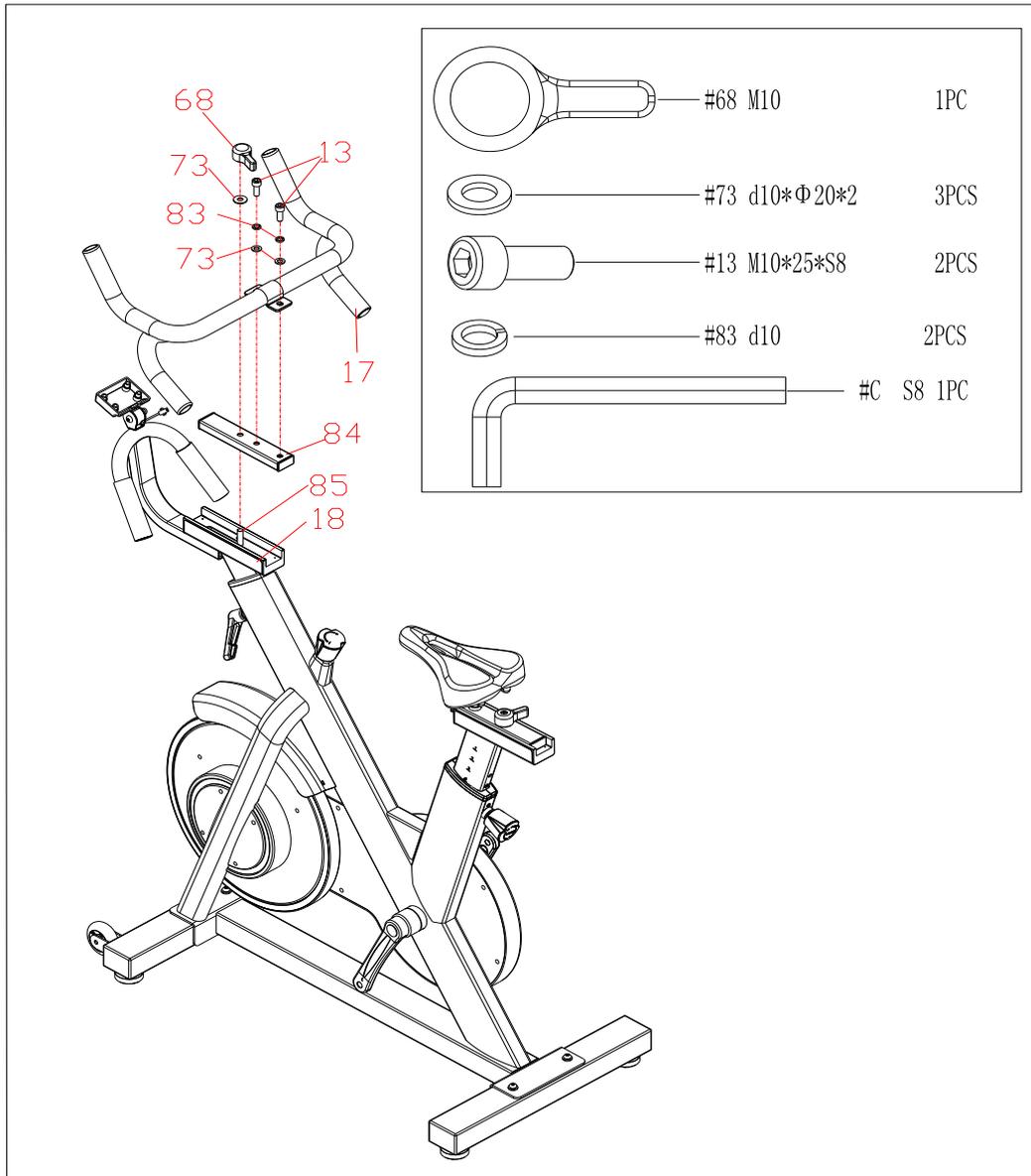


A. Take out the bolts(14), spring washers(15) and washers(16) from handlebar tube join(18) by wrench(A).

B. Connect trunk wire 1(11) and trunk wire 2(19) well.

C. Insert wire into computer post(10), then insert computer post(10) into handlebar tube join(18), and secure them using bolts(14), spring washers(15) and washers(16) by wrench (A).

STEP 4:

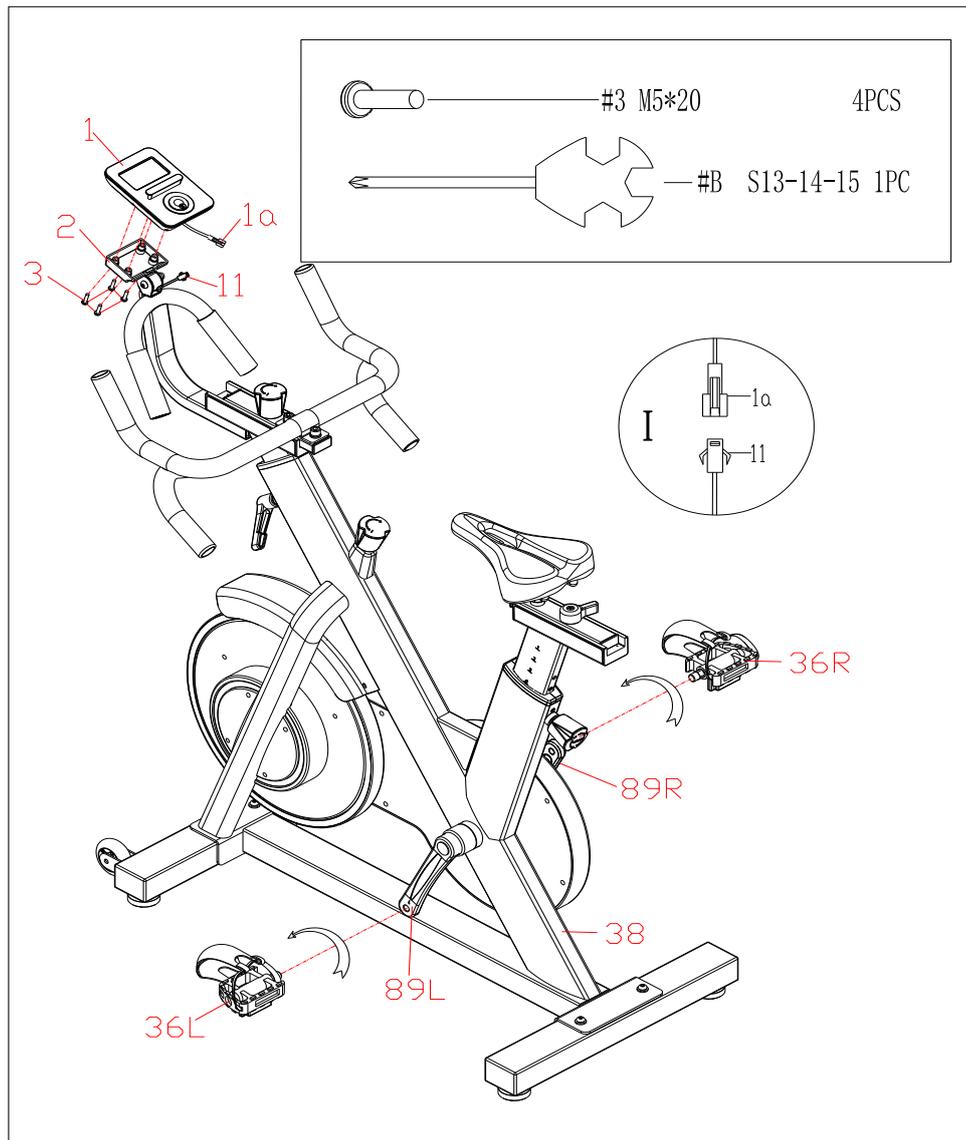


A. Take out the bolts(13), spring washer(83) and washers(73) from horizontal handlebar tube(84) by spanner(B).

B. Put horizontal handlebar tube(84) on the fixed Plate of Horizontal handlebar tube(85) and match the hole, then secure horizontal handlebar tube(84) in handlebar tube join(18) using the knob(68) and washers(73).

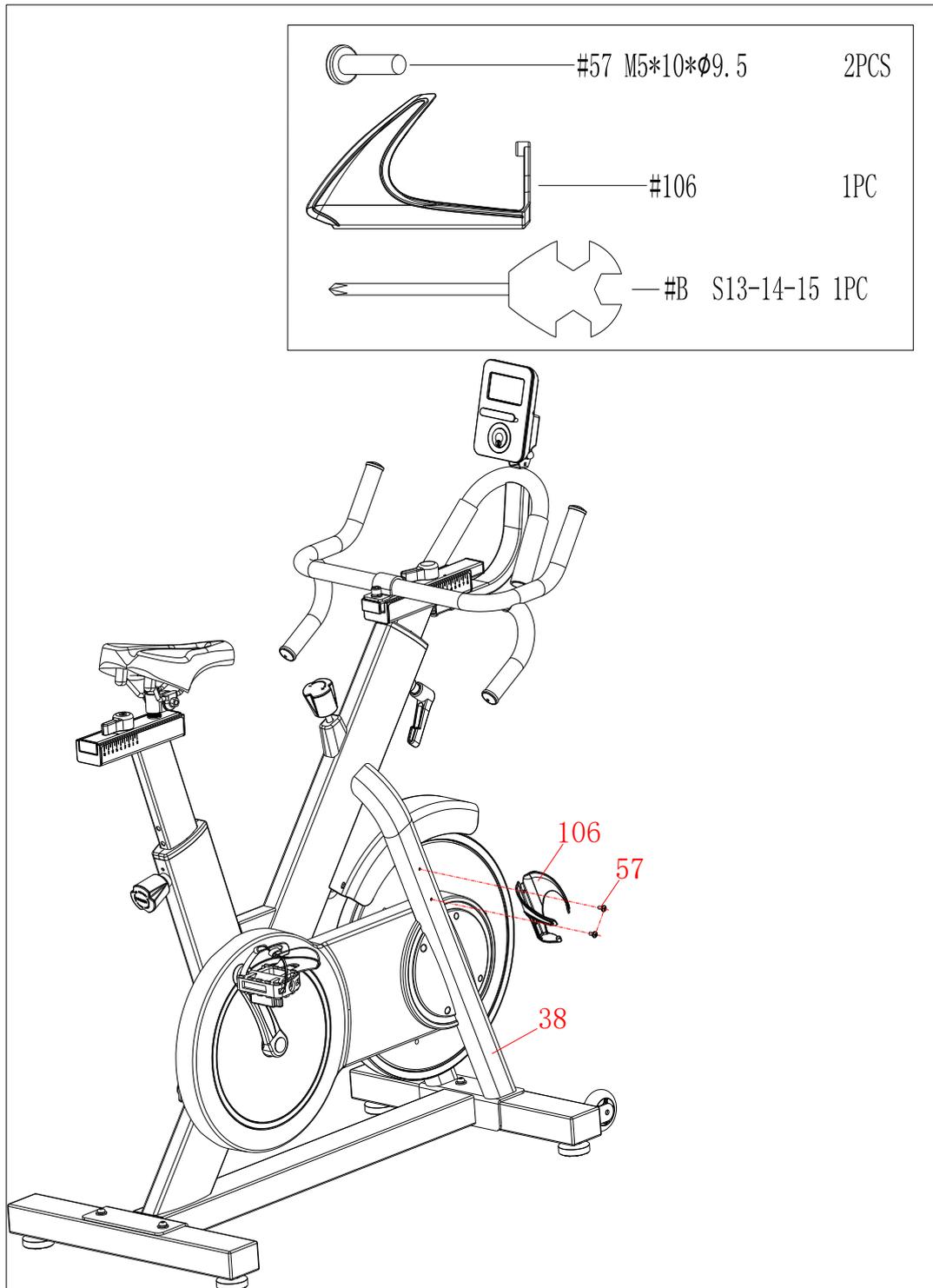
C. Secure handlebar join(17) in the horizontal handlebar tube(84) using bolts(13), spring washers(83) and washers(73) by wrench(C).

STEP 5:



- A. Unlock 4 bolts(3) from computer(1) by spanner(B).
- B. Connect wire(1a) and trunk wire 1(11) well.
- C. Secure computer(1) on computer holder(2) with 4 bolts(3) by spanner(B).
- D. Secure pedal (36L/R) into crank(89L/R) by spanner(B).

STEP 6:

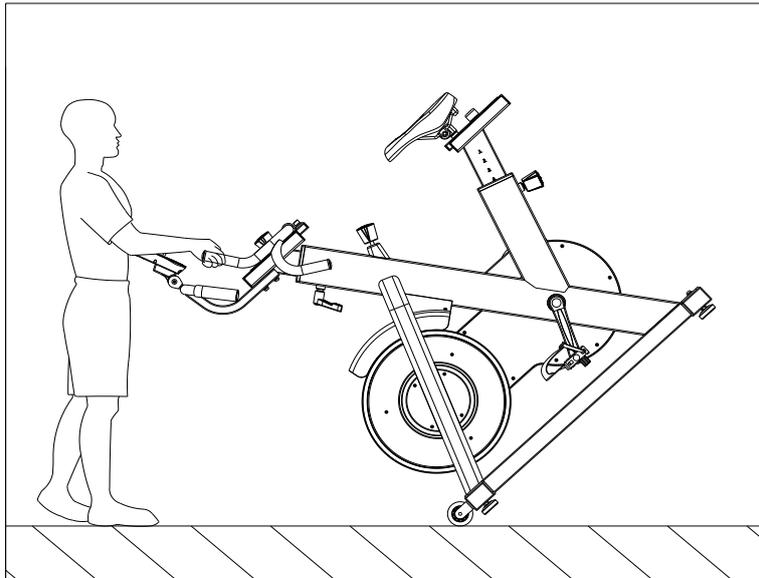


A. Unlock olts(57) from main frame(38) by spanner(B).

B. Secure bottle holder(106) in the main frame using bolts(57) by spanner(B).

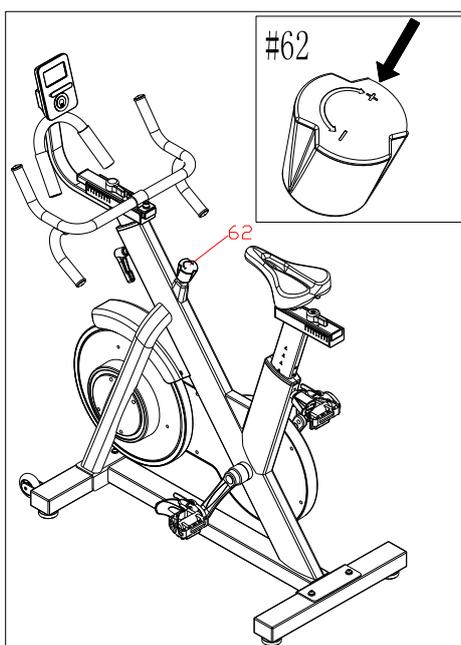
MOVING THE MACHINE

To move the machine, push the handlebar join(17) until the transportation wheels on the front stabilizer(45) touch the ground. With the wheels on the ground, you can transport the bike to the desired location with ease.



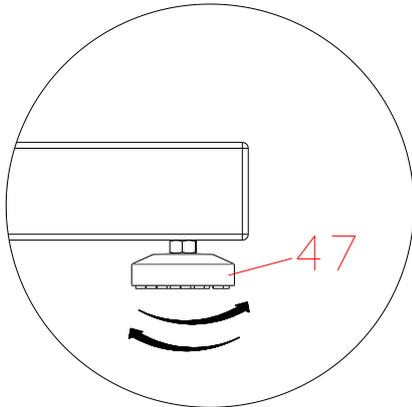
ADJUSTMENTS GUIDE

1. ADJUSTING THE RESISTANCE



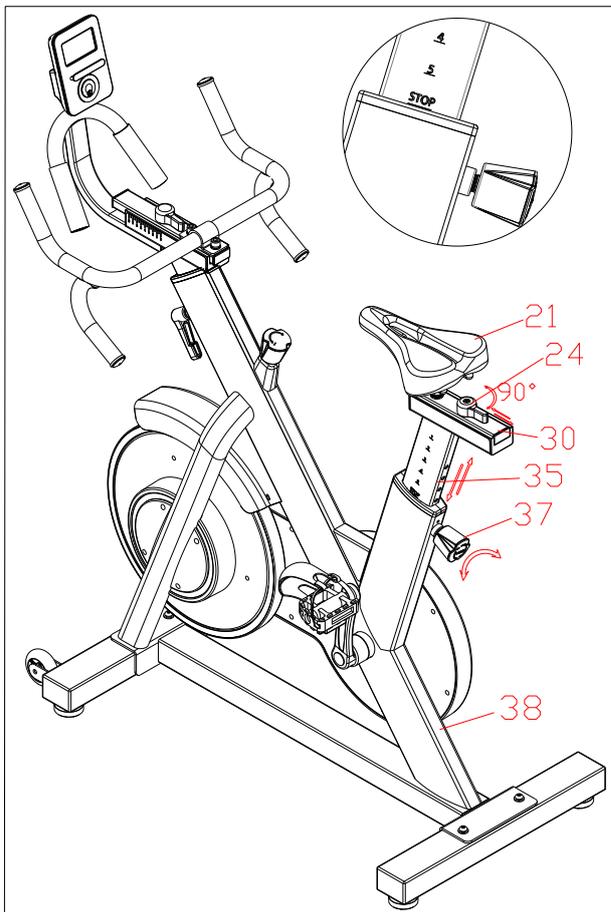
As showed in figure: Rotate stationary knob(62) clockwise to increase the level of resistance, rotate the knob *counter-clockwise* to decrease the level of resistance.

2. ADJUSTING THE BALANCE



When this product is on an uneven surface, please adjust both foot pads (47) according to the instruction picture.

3. ADJUSTING THE SADDLE



Rotate knob(37) *counter-clockwise* to adjust the height according as holes with red up and down arrow mark on saddle tube(35). Rotate handle of horizontal saddle tube(24) counter-clockwise 90 degree to adjust the distance according as the arrows on horizontal saddle tube(30), when see "STOP" on saddle tube(35) don't raise ,it is the highest point. Rotate knob(37) and handle of horizontal saddle tube(24) clockwise to fasten to adjust the position.

EXERCISE COMPUTER WITH PULSE

INSTRUCTION MANUAL

■ **BUTTONS**

1. MODE

Press it to select functions .

■ **FUNCTIONS**

1.SPEED

- i. Display instantaneous speed and the range is 0.0~99.9KM/H.Or,if the monitor showing M, the range will be 0.0~99.9MILE/H.The max. pickup signal is 1500rpm.
- ii. Display current repetition per minute(RPM) during exercise. It reflects the pedal frequency. The range is 0~1500 rate per minute.

2.TIME

- i. Count the total time from exercise start to the end and the range is 0 ~ 99M59S.

3.DISTANCE

- i. Count the total distance from exercise start to the end and the range is 0.00 ~ 9.99 ~ 99.9KM. Or, if the meter showing M, the range will be 0.00 ~ 9.99 ~ 99.9 MILE.

4. CALORIES/TEMPERATURE

- i. Count the total calories consumed from exercise start to the end and the range is 0.0 ~ 99.9 ~ 999KCAL.
- ii. Display room temperature(TEMP).

5. PULSE

- i. Hold the wireless pulse sensor and read your heart rate per minute. The range is 40 ~ 240bpm.

6. AUTO ON/OFF & AUTO START/STOP

- i. Without any signal of exercise or operation for 8 minutes, the power will turn off automatically.
- ii. Once receive exercise or operation signal, the monitor will turn on automatically.

■ **OPERATION**

PULSE RATE

Remark: During the process of wireless pulse sensor measurement, because of the contact jamming, the measurement value may be higher than the virtual pulse rate during the first 2~3 seconds, then will return to normal level. If the computer have wireless pulse receive , Please exactitude use wireless pulse shoot

■ **BATTERY REPLACE**

When the display becomes dim or illegible, remove the battery and replace with SIZE AAA UM4 R03.



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